
Dried Okra

Salient features

- Highly perishable crop having shelf life of 2-3 days at ambient storage temperature. However, dried okra is shelf stable for 6 months.
- Dried okra can be directly used for curry preparation
- Stabilization of blood sugar and easy bowel movement through okra fibre

Advantages

- ✓ Retention of Vitamin C
- ✓ High Rehydration ratio
- ✓ Good Recovery of dried okra



Dehydrated Okra

Process

Technology /

Product

developed by

Year

Source of funding

More information

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ICAR

Status of commercialization / Patent / Publications

Technology transfer

The technology is ready for commercialization.